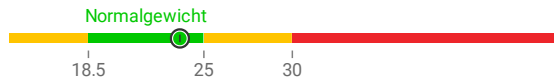


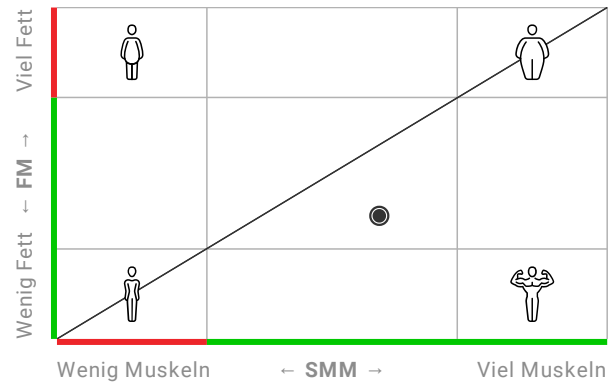
**Body-Mass-Index - BMI**

↗ **23.6** kg/m<sup>2</sup>



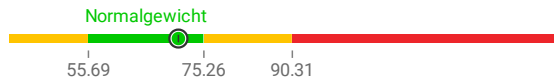
Gewicht: **70.95 kg** Größe: **173.5 cm**

**Body Composition Chart - BCC**



**Gewicht**

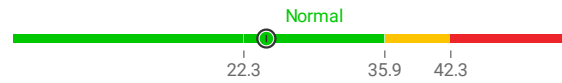
↗ **70.95** kg



BMI: **23.6 kg/m<sup>2</sup>**

**Prozentuale Fettmasse - FM %**

↘ **24.4** %



Fettmasse: **17.29 kg** Fettmasse-Index (FMI): **5.7 kg/m<sup>2</sup>**

**Taillenumfang - WC**

↘ **74.0** cm



Viszerales Fett: **< 0.2 Liter**

**Viszerales Fett - VAT**

→ **< 0.2** Liter



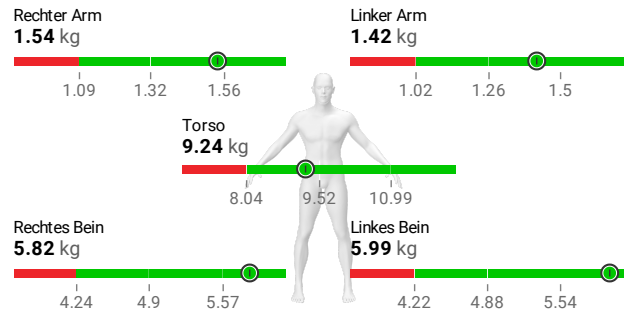
Taillenumfang: **74 cm**

**Skelettmuskelmasse - SMM**



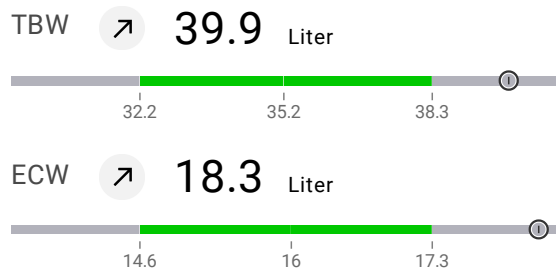
Prozentuale Skelettmuskelmasse:  
**33.8 %**

**Segmentale Skelettmuskelmasse**



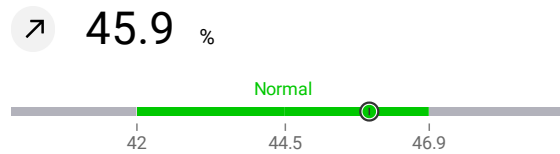
Gesamtskelettmuskelmasse:  
**24.01** kg

**Wasser**



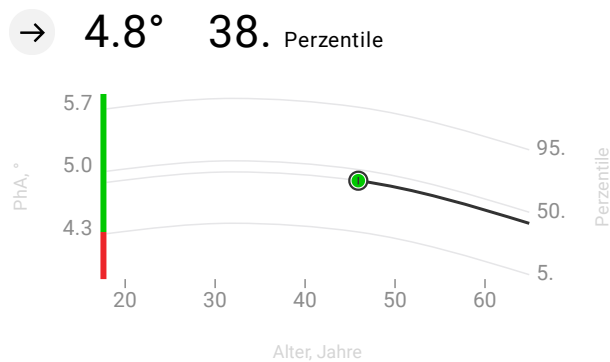
Gesamtkörperwasser (TBW): **55.9 %**  
Extrazelluläres Wasser (ECW): **25.6 %**

**Wasserverhältnis - ECW / TBW**

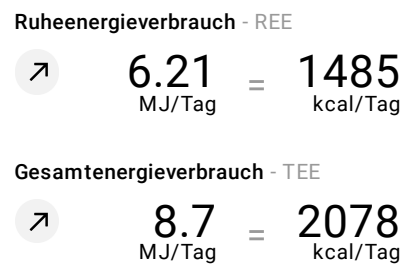


TBW: **39.9 Liter (55.9 %)**  
ECW: **18.3 Liter (25.6 %)**

**Phasenwinkel - PhA**



**Energieverbrauch - REE / TEE**



PAL:  
**1.4**